

The Estates Editor

MAY 2018



A hero is someone who has given his or her life to something bigger than oneself.

~Joseph Campbell

In memoriam of all those who have paid the ultimate sacrifice for our freedom. We may not know you all but we owe you all.

Because we get to live in peace today, Thank You.

Because we get to lay in bed tonight, Thank You

Because we get to go to work tomorrow, Thank You.

THANK YOU.

Happy Memorial Day.

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Welcome New Neighbors!

Jim and Dolly F. Apt 119

Milissa M Apt 315



**The Estates at
Arbor Oaks**

...because the journey matters

Happy Birthday to You!

Merry Ellen R. 5/19

Please join us for a birthday celebration for all the May-Birthdays, Tuesday, May 29th at 1:00 pm in the Bistro.



Did you know...

...that 1 in 4 people over 65 fall each year? Did you also know that falls are NOT a part of normal aging? They can lead to a loss of independence, but they are preventable. There are specific things that you can do to reduce the chances of falling, and it starts with awareness and education. Kindred at Home, a skilled home health agency, is offering FREE balance screens that we encourage everyone to attend. The screen will take approximately 10 minutes and you will be able to walk away knowing if you are at low, moderate, or high risk for falls and what solutions you have to reduce that risk. We will be offering FREE balance screens Thursday, May 3rd from 10:00am to 11:30am. Please sign up for your balance screen in the sign up book



Mad Hatter Tea House Outing

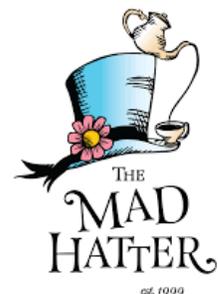
A house full of scrumptious food and rich history!

Friday, May 11th, 2018

Bus leaves at 10:30pm for an 11:00am reservation.

Space on the bus is limited to 12, reservations are set for 14. Copies of the Brunch menu can be found on the mail room ledge or at www.madhatteranoka.com.

Space is limited! Sign up quickly.



History of The Mad Hatter Tea House

The Mad Hatter Tea Room began in 1999 in the Historic Anoka Post Office building as My Mom's Attic by best friends Liz Koch and Amy Bukkila. There was a special magic that happened from the day the doors opened, where customers became friends and regular guests.

Two of their favorite guests were Linda and Andrea Pomeroy, a mother and daughter who loved to come sip tea. After only a few short years Amy decided to move out of town and Liz was not able to continue on without her friend and business partner. It was with great sadness that they decided to sell their little gem. As luck would have it, Linda and Andrea always wanted to own a tea room and began their journey as the new owners in 2002. Linda and Andrea updated the name to "The Mad Hatter", and the tea room continued to grow into a flourishing business and much loved retreat from life's stresses.

Unfortunately, God had a plan that we do not understand. He took his Angel Andrea home on October 28, 2010. As you can imagine, Linda did not wish to continue with The Mad Hatter without her precious daughter and business partner Andrea. Liz returned to offer her support and help Linda during the weeks that followed, thus becoming the owner of The Mad Hatter once again.

Anoka Post Office 1935



Anoka Post Office 2017



History of The Woodbury House

The Woodbury House is the 2nd oldest house in Anoka County, and filled with a rich history! The house was built in 1857 by New York doctor Samuel Shaw, and was sold shortly after to The Woodbury Family transplanting from Massachusetts in 1860. The house became a beacon of social events.

The Woodbury Home remained the destination for socializing in Anoka well into the 1900's.

The house went through several renovations and changed many hands during the middle part of the 20th century, becoming less of a social destination, and settling into a family home for various Anoka families. In the 1980's, John and Jill Weaver of Anoka purchased the house and opened its doors to many social functions. The Weavers stayed in the Woodbury House until 2004 when John Weaver passed away.

In the mid-2000's the Woodbury Home became a rental property and fell into disrepair during these years. The City of Anoka purchased the home in 2012, unsure of what to do with the property, but certain they no longer wanted to see one of the grandest homes in the city neglected any further. The work required to bring the house back to life was extensive, but with the hard work and dedication from the City and the Koch's, The Woodbury House is one of Anoka's great gathering places once again.

With The Mad Hatter's grand reopening in 2014, you can now enjoy The Mad Hatter's daily Brunch Menu or Tea Service in the elegant white house while you overlook 150 years of history! "Come as our guest, leave as our family."

Woodbury House 1973



Woodbury House 2014



Reminders...

- Please sign up for any activities that are marked with *** on the activity calendars. For any shopping trips or outings we need a minimum of 3 riders.
- Please call Jodi at the YMCA to register for anything marked with a +++ on the activity calendar. 763-230-6552. Unless otherwise noted
- If you have not already done so, please register online for the Luxer parcel locker system. Directions can be found on the ledge in the mail area.
- Please ensure your apartment number is on all correspondence done through the mail.

